

The effect of social media on self esteem

Alexa Jansen

Greenwich Central School District, Greenwich NY, United States

My project includes a survey I created on SurveyMonkey that would help me find out if social media affects self esteem. The reason that I chose to do this project is because I know that many people's self esteem has been a big part of them and I wanted to know if social media is one of their problems that they could try to control easily. I found that a lot more time is spent on social media with the younger groups than the older groups which isn't shocking because social media didn't come out for most of the older groups lives. I also found that because the younger people spend more time on social media that their results show they are not very encouraged or happy because of social media.

Category

Pick one only—
Mark an "X"
in box at right

- Animal Sciences
- Behavioral and Social Sciences
- Biochemistry
- Biomedical and Health Sciences
- Biomedical Engineering
- Cellular & Molecular Biology
- Chemistry
- Computational Biology and Bioinformatics
- Earth & Environmental Sciences
- Embedded Systems
- Energy: Sustainable Materials and Design
- Engineering Technology: Statics and Dynamics
- Environmental Engineering
- Materials Science
- Mathematics
- Microbiology
- Physics and Astronomy
- Plant Sciences
- Robotics & Intelligent Machines
- Systems Software
- Technology Enhances the Arts
- Translational Medical Science

1. As a part of this research project, the student directly handled, manipulated, or interacted with (check all that apply):
 - human participants potentially hazardous biological agents
 - vertebrate animals microorganisms rDNA tissue

2. This abstract describes only procedures performed by me/us, reflects my/our own independent research, and represents one year's work only.
 - yes no

3. I/We worked or used equipment in a regulated research institution or industrial setting.
 - yes no

4. This project is a continuation of previous research.
 - yes no

5. My display board includes non-published photographs/visual depictions of humans (other than myself)
 - yes no

6. I/We hereby certify that the abstract and responses to the above statements are correct and properly reflect my/our own work.
 - yes no

